

Highlights from our 2022-23 Annual Report

Mobilizing credible, easy-to-access information resources for children's health emergencies

Who We Are

Most acutely ill and injured children in Canada will first go to emergency departments that are not part of a children's hospital.

Difficulties in getting the right resources and training are known barriers to providing the best possible and most consistent care in these settings. This has resulted in variable levels of emergency care for children throughout our country. TREKK launched in 2011 as a national knowledge mobilization network to address these critical knowledge gaps. We are a not-for-profit network that aims to improve emergency care for children across Canada by co-designing and sharing resources with healthcare providers, parents and families.

What We Do | Healthcare Provider Resources

TREKK provides the latest knowledge related to the diagnosis and management of pediatric emergency conditions. Our resources can be used to manage acutely ill and injured children in the emergency department or for educational and professional development purposes.

8 new or updated resources:

- Status Epilepticus
- Acute Otitis Media
- Procedural Pain
- Pain Treatment
- Severe Head Injury
- Intussusception
- Anaphylaxis
- Diabetic Ketoacidosis

Top downloaded topics:

Bronchiolitis: 4,400+

Croup: 4,200+

Diabetic Ketoacidosis: 3,900+

<u>Fever</u>: 3,700+

Acute Otitis Media: 3,300+

Asthma: 3,000+

50+

Resources available in English and French on 30 topics

37,400+
Downloads

100+

Committee members & content advisors contribute their expertise to develop TREKK resources. <u>Discover who they are here</u>.

What We Do | Parent & Family Resources

We collaborate with multiple organizations, researchers, healthcare professionals and parents across Canada to create and share useful, relevant, evidence-informed resources to support worried families.



217,900+ parent videos viewed on the TREKK YouTube channel.

Check out all the resources on our TREKK website here.

12 new or updated infographics and videos:

- <u>Visiting the Emergency Room</u>
- Fractures
- Chronic Pain
- Ear Infection
- **COVID-19**



Help us share these tools!

Contact us at trekk@chrim.ca to order posters and magnets to share with families in waiting rooms and at discharge.



Research | See More on TREKK.ca

Knowledge to Action in Pediatric Emergency Care during the COVID-19 Pandemic

 This study, funded by the Canadian Institutes of Health Research, brings together world-leading child health researchers, parents, and emergency healthcare providers to share the latest information and wider impacts of COVID-19.

Pediatric Emergency Readiness

 Dr. Aregbesola (University of Manitoba) is <u>leading a study team</u> that is working with emergency departments to assess and improve their level of pediatric readiness, which will include improving access to TREKK tools and resources.

Manitoba Métis Federation

 We are proud to partner with the Manitoba Métis Federation on a project to support Red River Métis families' access to meaningful and appropriate materials when seeking emergency care for their children.

POPCORN - Pediatric Outcome imProvement through COordination of Research Networks

• Brings together researchers, clinicians, decision-makers, and patient partners to form a pan-Canadian pediatric research network and answer important questions in child health. We are proud to be part of POPCORN and lead its knowledge mobilization (KM) pillar.



To learn more about improving emergency care for children across Canada, <u>connect with us online</u>:

trekk.ca











Want to get involved? Contact trekk@chrim.ca.

We are grateful for our many supporters: Children's Hospital Foundation of Manitoba, IWK Health Centre, Children's Hospital Research Institute of Manitoba, Stollery Children's Hospital Foundation, Women's and Children's Health Research Institute, IWK Foundation, and Canadian Institutes of Health Research. See the full list of our supporters here.